



# An easy way to support the Daycare

Help fundraise for Lonsdale Creek Daycare Society just by doing your grocery shopping online... and having it delivered straight to your home!

## Online Groceries Stong's

*Stong's Market has an online grocery service, with delivery all over the Vancouver area. They will give 4% of each order to Lonsdale Creek Daycare if you select us at the end of the ordering process.*

Have a busy week ahead? No time for shopping? Or just don't feel like dragging the kids through the store? Try online grocery shopping through Stong's Market, and have your food delivered instead...

Why try it?

- If you're home, they unpack your groceries onto your counter for you
- If you're not home, they leave your food on your doorstep
- Excellent quality organic and non-organic foods and household items
- You can end up spending less, as you don't pick up all of the "extras" as you wander the aisles!
- Import and domestic beer and wine can be ordered as well... one less trip out
- 4% of your total will go to the daycare

The website address is [www.stongs.com](http://www.stongs.com).

The first order can take about 30 minutes, but if you add those items to your "list", the next time(s) it should only take you about 5-10 minutes to do your whole shop. More time for the other things in your life!

Groceries delivered right to your door - even unpacked on the counter if you're home! Otherwise they are left on your doorstep.

Not just for food... they also deliver beer and wine... oh, and diapers!